



XMILES ADVENTURE COAST SOUTHPORT
HALF MARATHON & 10K – GUIDANCE NOTES

Sunday 4th January 2026

Race Day HQ Location: Valhalla Venue, Esplanade, Southport PR8 1RX

<https://www.adventurecoastsouthport.co.uk/>

Thank you for entering XMiles Adventure Coast Southport Half Marathon & 10k 2026, we're looking forward to seeing you there, please read this document in full to ensure that you have a safe and enjoyable day.

ENTRY CONFIRMATION

All entrants receive an automatic email from the entry system (Resultsbase) confirming their entry and will be included in the list of participants [HERE](#)

TERMS AND CONDITIONS OF ENTRY

The Terms and Conditions of entry are clearly stated on the website [HERE](#) and as part of the entry process it is mandatory for entrants to agree to abide by these Terms and Conditions.

SWAPPING OF ENTRIES

Please note that the swapping of entries between participants is strictly forbidden as it invalidates insurance undertaken by Epic Events to cover participants in the event. If you are unable to race, please follow the instructions outlined in the Terms and Conditions above.

EVENT PARKING

Event parking is available on the day in the following locations:

- Valhalla Venue - Esplanade, Southport PR8 1RX (Road closure in place from 08:30-11:30)
- Seafront Car Park - Marine Dr, Southport PR8 1SB (Road closure in place from 08:30-11:30)

Car Parking is **£5.00 per car and can be paid cash or card.**

The car parks will close at 7pm so if you choose to make a day of it, please vacate by this time.

We cannot guarantee the safety of your possessions and valuables so please ensure that they are locked

away safely. There will be a bag drop area within Valhalla near the start/finish area, but we advise anyone with a car to leave items in there as the car park is only a short walk from the start/ finish area.

TOILETS

Portaloos will be available within the start staging area on Esplanade, there are also toilets available within Adventure Coast Southport.

REFRESHMENTS & FOOD ON SITE

Adventure Coast Southport will have open their Food & Co venue for pre-event refreshments and post-event food and refreshments.

TIMETABLE & EVENT SCHEDULE

- **07:00** Car Parks open
- **07:30** Registration opens
- 08:50 Half Marathon & 10K event briefing
- **09:00** **Half Marathon & 10K Start**
- 10:15 10K presentation
- 10:45 Half Marathon presentation
- 11:30 Mile 11 Cut off
- 12:30 Cut off Half Marathon (3.5 hours from the start)

REGISTRATION

Registration for both the **Half Marathon & 10K** will open at **07:00am—08:45am**.

Note this is a mass start event – both distance races will start at the same time. You have been allocated a race wave, please start with your wave.

There is **no** registration on the Saturday before the event.

Registration will be **extremely busy** so please allow extra time to ensure you get through registration stress free. Registration will take place within the Valhalla venue and will be split into Half Marathon & 10k queues, there will be marshals to ensure you are in the right queue.

Participants are to show **photo ID** to collect your race number with timing chip attached to the number.

EVENT T-SHIRTS

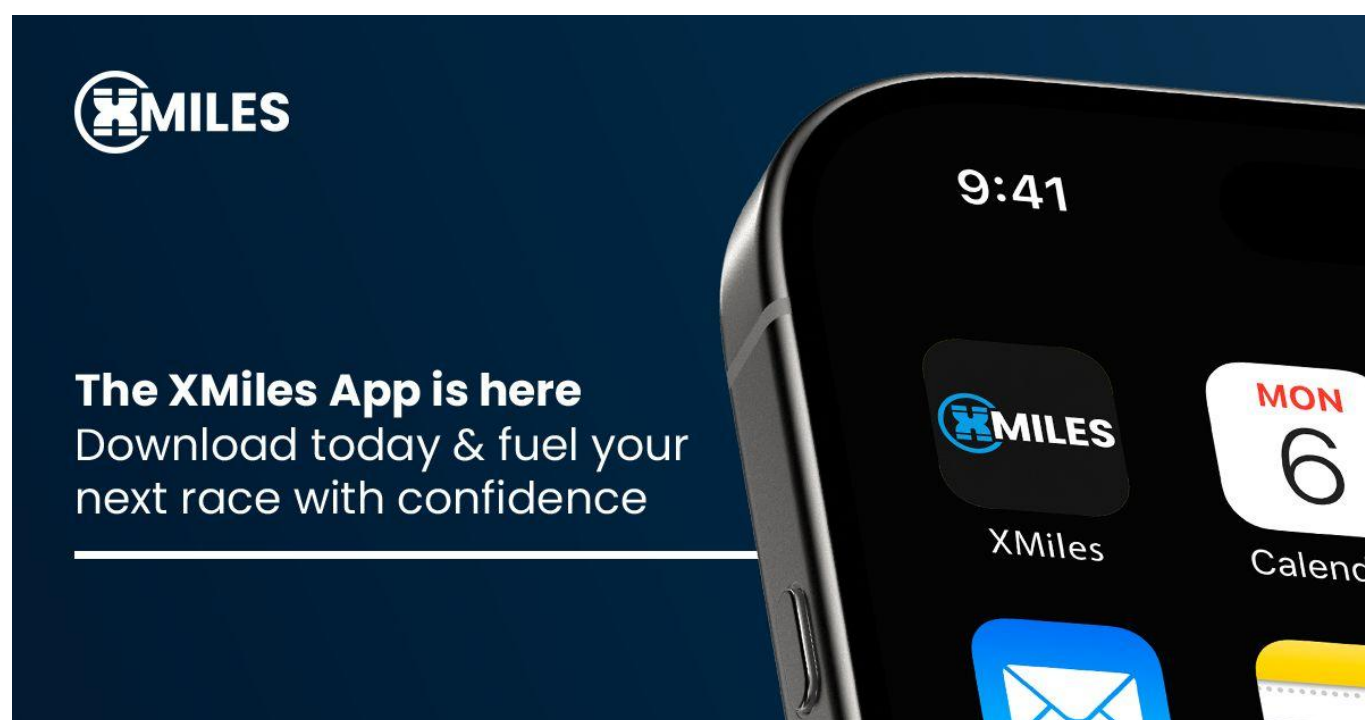
If runners have pre-ordered Event T-shirts they will have already been posted out direct from our event partners Scimitar but there is still an opportunity to order one of our Epic Half Marathon & 10k custom Event T shirts for delivery after the event by [CLICKING HERE](#) – n.b. T shirts can be ordered up to 16th January 2026.





XMiles are the Title Sponsor of the 2026 Epic Events Road Run Series, supporting runners across every event. Together, we're helping runners plan their fuelling, personalise their hydration, and earn rewards as they run. Start fuelling now and get **10% credit** back on your first XMiles order.

<https://xmiles.co.uk/pages/epic-events>



WIN £1,000 worth of nutrition at XMiles

Any app order placed during **December** will receive an entry to win a year of free nutrition worth £1,000*. It is their biggest giveaway yet. Every order this month gives you an extra chance to start the new year fully fuelled.

*Every order placed in December counts as an entry for the £1,000 free nutrition prize. UK customers only.

NUMBER AND TIMING CHIP COLLECTION

Collect your event number, pin it to the front of your running top and ensure it is **always visible**. **DO NOT MANIPULATE YOUR NUMBER IN ANY WAY.**

Your timing chip will be attached to the back of your bib number. You do not need to give this back to us at the end of the event.

EVENT BRIEFING

The Event Briefing for both the Half Marathon & 10k Races will take place at 08:50am.

The briefings are compulsory. If there are any final changes to the route or event they will be announced at the briefing so you must ensure that you are present at the appropriate time.

The briefing will take place in the Start/Finish Chute

START

The XMiles Adventure Coast Southport Half Marathon & 10k will start at 09:00am. The start location will be under the Start/Finish arch outside Valhalla.

FINISH

The finish for XMiles Adventure Coast Southport Half Marathon & 10k will be at the same location as the start, finishing under the Start/Finish Arch where you will be presented with your finisher's medal and water.

ROUTE

The routes will be marked by yellow 'run route' arrows.



There will be marshals at key points on the route. Please respect the surroundings and residents and do not drop litter. The routes can be found at the end of this document. Please be aware that the pavements and pathways in and around the route will be used by members of the public during the event. All road sections are run on closed roads.

The route within Kings Gardens is the same for the 10k and lap 1 of the Half Marathon. The route changes for lap 2 of the Half Marathon, please make sure you follow the signs and marshal instructions.

We have two lead bikes, one will be with the front runner and the other slightly further back in the lead pack. We also have 6 pacers on the course who will be introduced to you at the briefing; their t-shirts have the finish times for both the Half Marathon and the 10k printed on the back that they are pacing to.

CLOSED ROADS

The race will be run on closed roads – however marshals may allow residential vehicles and emergency vehicles access at any point on the course. Please be aware of your surroundings while you are racing.



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FOOD STOP + TOILETS

There is a refreshment stop on this event. The 10k participants will pass the refreshment stop once (approx. 3.1 miles), there will be water and energy drink available. The Half Marathon participants will pass refreshment stops three times (approx. 3.1 miles, 6.2 miles & 9.3 miles), there will be water and energy drink available. There are 2 x portaloos at the on course food stop (3.1 + 9.3 miles).

ROUTES

The route has been **officially measured** by a UKA course measurer (strava says it's longer – it isn't!) To view the routes and/or download a gpx/tcx file of the routes, select the relevant link below:

Half Marathon: <https://www.strava.com/routes/3404943891217242304>

10k: <https://www.strava.com/routes/3404921534450513818>

RESULTS

All results and times will be available immediately on crossing the Finish line on the Epic Events website [HERE](#) and will remain provisional for 24 hours.

Any queries relating to provisional results should be submitted via e-mail to info@epicevents.co.uk by Monday following the event, after which time all results will be deemed as final.

PRIZE PRESENTATION

The 10k prize presentation will take place at 10:15am.

The Half Marathon prize presentation will take place at 10:45am.

Prizes will be awarded to the 1st, 2nd & 3rd male and female runners overall together with 1st M/F V40/50/60+ categories. If you win an open prize, you will not be eligible for the Vets prizes.

You must be in attendance at the presentation to collect your prize. Prizes will not be posted out.

MEDICAL ADVICE

If you have any known medical condition (such as diabetes, asthma, allergy to penicillin, etc.) please ensure you have informed us prior to the race on your entry information.

Following registration where you will be issued with your race numbers, please write all medical details including any medication taken on the back of your race number as well as next of kin & emergency contact details and put a small indelible red cross on the front of your number to ensure we are aware there is further information to review. This is not just an administrative request; it could be a matter of life and death in an emergency. This information will only be used if required.

Whether you have a medical condition or not, if you feel unwell on race day, don't race!

In case of injury or emergency please notify the nearest marshal or ask another participant to do so, the marshal will notify the Event Medical Team who will be able to assist.

EMERGENCIES

During the race, should you come across another participant who needs assistance please inform the nearest marshal and please call the **Emergency Event Phone Number 07494 029628** (please note this number is for Emergency Use only, please do not use this for any other reason to ensure the line is kept clear for emergencies). There will also be medical cover on the course and at Event HQ.



We'd like to thank our hosts Adventure Coast Southport for use of their facilities and car parks. We hope that you will visit during the year to support the theme park.

ADVENTURE COAST VIKING GOLF

We're delighted to let you know that you and your supporters can enjoy **20%** off a round of Viking Adventure Golf on **race day**! Simply head to Viking Adventure Golf (W3W///chose.nobody.herb) and show your race bib or medal - then prepare for even more competitive spirit and fun! You can find out more about the course here: <https://viking-golf.com/>

FINALLY

Thank you for entering the XMiles Adventure Coast Southport Half Marathon & 10k event. We hope you enjoy your day and the course we have prepared for you. We wish you the best of luck!!

Regards

Epic Events

info@epicevents.co.uk

www.epicevents.co.uk

XMiles Adventure Coast Southport Half Marathon route

Route: <https://www.strava.com/routes/3299449884406515138>

The yellow triangle indicates the food stop locations for the Half Marathon runners.



XMiles Adventure Coast Southport 10k route

Route: <https://www.strava.com/routes/3404921534450513818>

The yellow triangle indicates the food stop location for the 10km runners

