



XMILES BOLTON
HALF MARATHON & 10K – EVENT GUIDANCE NOTES
Sunday 1st March 2026

Race Day HQ Location: Queen's Park, Park Rd, Bolton BL1 4RU

Thank you for entering XMiles Bolton Half Marathon & 10k 2026, we're looking forward to seeing you there, please read this document in full to ensure that you have a safe and enjoyable day.

ENTRY CONFIRMATION

All entrants receive an automatic email from the entry system (Resultsbase) confirming their entry and will be included in the list of participants [HERE](#)

TERMS AND CONDITIONS OF ENTRY

The Terms and Conditions of entry are clearly stated on the website [HERE](#) and as part of the entry process it is mandatory for entrants to agree to abide by these Terms and Conditions.

SWAPPING OF ENTRIES

Please note that the swapping of entries between participants is strictly forbidden as it invalidates insurance undertaken by Epic Events to cover participants in the event. If you are unable to race, please follow the instructions outlined in the Terms and Conditions above.

EVENT PARKING

We advise that participants and spectators use the following car parks on the day, both are a short walk from Event HQ and the Start/Finish Area;

- NCP Car Park - Deane Road, Wellington Street, Bolton, BL3 5DX (walk time 10 mins)
- NCP Car Park - Duke Street, Bolton, BL1 2DD (walk time 17 mins)

There will be a bag drop area near the start/finish area, but we advise anyone with a car to leave any valuable items in their vehicle – n.b. we cannot guarantee the safety of your possessions/valuables so please ensure that they are locked away safely

TOILETS

Portaloos will be available within the Start/Finish area in Queens Park.

REFRESHMENTS & FOOD ON SITE

The Lancashire Wildlife Trust will have Pavillion Café open for pre and post-event refreshments.

TIMETABLE & EVENT SCHEDULE

- **07:00** Car Parks open
- **07:20** Registration opens
- 08:50 Half Marathon & 10K Event Briefing
- **09:00 Half Marathon & 10K Start** **Note this is a mass start event – both distance races will start in waves at the same time. All entrants have been allocated a race wave, please start with your wave.**
- 10:15 10K Prize Winners Presentation with the Mayor of Bolton
- 10:45 Half Marathon Prize Winners Presentation with the Mayor of Bolton
- 11:30 Mile 11 Cut off
- 12:30 Cut off Half Marathon (3.5 hours from the start)

REGISTRATION

Registration for both the **Half Marathon & 10K** will open at **07:20hrs until 08:45hrs**

All entrants that signed up before 9th February will receive race numbers with timing chip attached in the post. **RUNNERS THAT HAVE ALREADY RECEIVED THEIR RACE NUMBER DO NOT NEED TO GO TO REGISTRATION – PLEASE HEAD STRAIGHT TO THE START.**

Any Runners that have entered prior to 9th Feb and have not received their race number by race day – please come to registration and make yourself known to the team leader who will issue a replacement number n.b. registration is Sunday morning only.

Registration will be **extremely busy** so please allow extra time to ensure to get through registration stress free – we recommend arriving at **least 60 minutes** prior to the race briefing time. Registration will take place within the café building and will be split into Half Marathon & 10k queues, there will be marshals to ensure you are in the right queue. You may be asked to wait outside the Café to queue to reduce the number of people inside at any one time.

Participants are required to show PHOTO ID to collect race numbers – no ID will mean no Race Number can be collected and no Race.

EVENT T-SHIRTS

If runners have pre-ordered Event T-shirts they will have already been posted out direct from our event partners at Scimitar but there is still an opportunity to order one of our Epic Half Marathon or 10k custom Event T shirts for delivery after the event by [CLICKING HERE](#) – n.b. T shirts can be ordered up to 13th March 2026.





XMiles are the Title Sponsor of the 2026 Epic Events Road Run Series, supporting runners across every event. Together, we're helping runners plan their fuelling, personalise their hydration, and earn rewards as they run.

Start fuelling now and get 10% credit back on your first XMiles order [CLICK HERE](#)

An advertisement for the XMiles app. On the left, against a dark blue background, is the XMiles logo. Below it, the text 'The XMiles App is here' is followed by 'Download today & fuel your next race with confidence'. A horizontal line is positioned below this text. On the right, a close-up of a smartphone screen shows the time '9:41' at the top. Below the time, the XMiles app icon is visible, labeled 'XMiles' underneath. To the right of the app icon is a calendar widget showing 'MON' and the number '6', with the word 'Calend' partially visible below it. Other app icons like an email icon are partially visible at the bottom.

NUMBER AND TIMING CHIP COLLECTION

Collect your event number, pin it to the front of your running top and ensure it is **always visible**. **DO NOT MANIPULATE YOUR NUMBER IN ANY WAY.**

Your timing chip will be attached to the back of your bib number. You do not need to give this back to us at the end of the event.

EVENT BRIEFING

The Event Briefing for both the Half Marathon & 10k Races will take place at 08:50hrs at the Start. The briefings are compulsory – if any final changes to the route or event are necessary, they will be announced at the briefing meaning all runners must ensure to be present at the appropriate time n.b. the briefing will take place in the Start/Finish Chute

START

The XMiles Bolton Half Marathon & 10k will start at 09:00hrs - the start location will be under the Start arch.

FINISH

The Finish for XMiles Bolton Half Marathon & 10k will be at the Finish Arch where runners will be presented with a custom Bolton HM or 10k Finisher's medal and a drink.

ROUTE

The routes will be marked by yellow 'run route' arrows.



There will be marshals at key points on the route. Please respect the surroundings and residents and do not drop litter. The routes can be found at the end of this document. Please be aware that the pavements and pathways in and around the route will be used by members of the public during the event. All road sections are run on closed roads.

The route is 3 laps for the Half Marathon and 1 ½ laps for the 10k, where there are route changes for the 10k there is different signage and marshals to direct you.

We have two lead bikes – 1 x lead bike will be with the front runner and the other slightly further back in the lead pack. We also have 6 pacers on the course who will be introduced to you at the briefing – their t-shirts have the pace times for both the Half Marathon and the 10k printed on the back that they are pacing to.

CLOSED ROADS

The race will be run on closed roads – however marshals may allow residential vehicles and emergency vehicles access at any point on the course. Please be aware of your surroundings while you are racing.



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DRINK/FEED STATION + TOILETS

There is a refreshment station on this event within Queens Park at approximately 3 miles. 10k participants will pass the refreshment station twice and the half marathon participants will pass 3 times. There will be water and energy drink available, the event toilets are located close by should you need to use the facilities during your race.

ROUTES

The route has been **officially measured** and certified by a licensed UKA course measurer. To view the routes and/or download a gpx/tcx file of the routes, select the relevant link below:

Half Marathon: <https://www.strava.com/routes/3423050606510317948>

10k: <https://www.strava.com/routes/3423049704477195644>

RESULTS

All results and times will be available immediately on crossing the Finish line on the Epic Events website [HERE](#) and will remain provisional for 24 hours.

Any queries relating to provisional results should be submitted via e-mail to info@epicevents.co.uk by Monday following the event, after which time all results will be deemed as final.

PRIZE PRESENTATION

The 10k Prize Presentation with the Mayor of Bolton will take place at 10:15hrs.

The Half Marathon Prize Presentation with the Mayor of Bolton will take place at 10:45hrs.

Prizes will be awarded to the 1st, 2nd & 3rd male and female runners overall together with 1st M/F V40/50/60+ categories. If you win an open prize, you will not be eligible for the Vets prizes.

You must be in attendance at the presentation to collect your prize – prizes will not be posted out.

MEDICAL ADVICE

If you have any known medical condition (such as diabetes, asthma, allergy to penicillin, etc.) please ensure you have informed us prior to the race on your entry information.

Following registration where you will be issued with your race numbers, please write all medical details including any medication taken on the back of your race number as well as next of kin & emergency contact details and put a small indelible red cross on the front of your number to ensure we are aware there is further information to review. This is not just an administrative request; it could be a matter of life and death in an emergency. This information will only be used if required.

Whether you have a medical condition or not, if you feel unwell on race day, don't race!

In case of injury or emergency please notify the nearest marshal or ask another participant to do so, the marshal will notify the Event Medical Team who will be able to assist.

EMERGENCIES

During the race, should you come across another participant who needs assistance please inform the nearest marshal and please call the **Emergency Event Phone Number 07494 029628** (please note this number is for Emergency Use only, please do not use this for any other reason to ensure the line is kept clear for emergencies). There will also be medical cover on the course and at Event HQ.

BOLTON HOSPICE

Sunday 1st March is Bolton Hospice's "[Making Every Moment Count](#)" Event where all donations raised will be doubled! There are a few runners who are fundraising for the hospice and there will be a fundraising collection happening around Start/Finish. Please consider bringing a donation with you.



Bolton Hospice
caring from the heart

FINALLY

Thank you for entering the XMiles Bolton Half Marathon & 10k event. We hope you enjoy your day and the course we have prepared for you. We wish you the best of luck!!

Regards

Epic Events

info@epicevents.co.uk

www.epicevents.co.uk

XMiles Bolton Half Marathon route

Route: <https://www.strava.com/routes/3423050606510317948>

The yellow triangle indicates the food stop locations for the Half Marathon runners.



XMiles Bolton 10k route

Route: <https://www.strava.com/routes/3423049704477195644>

The yellow triangle indicates the food stop location.

