PETZL NIGHT RUNNER DELAMERE TRAIL 10 & 13 - GUIDANCE NOTES
Saturday 25th October 2025

Location: Delamere Forest Main Visitor Centre Car Park, Delamere, Northwich, CW8 2JD
Sat Nav Postcode: CW8 2JD www.forestry.gov.uk/delamere
What3Words Location: https://w3w.co/witty.voter.awoke

Thank you for entering *Petzl Night Runner Delamere Trail 10 & 13 2025*. We're looking forward to seeing you all in the forest and this document will help to ensure that you have a safe and enjoyable day.

The route is fully marked with reflective signs, but you will need a good quality head torch or handheld torch to light the track ahead so you can safely navigate around the course.

ENTRY CONFIRMATION
All competitors receive an automatic email from our entry system (Resultsbase) confirming their entry and will be included in the list of participants **HERE**

TERMS AND CONDITIONS OF ENTRY
The Terms and Conditions of entry are clearly stated on the website **HERE** and as part of the entry process it is mandatory for competitors to agree to abide by these Terms and Conditions.

SWAPPING OF ENTRIES
Please note that unauthorised transferral of entries between competitors is strictly forbidden as it invalidates insurance undertaken by Epic Events to cover the event. If you are unable to race, please follow the instructions outlined in the aforementioned Terms and Conditions

EVENT PARKING
Official Event Parking is at the Main Visitor Centre Car Park, Delamere, Northwich CW8 2JE. Please try to car share where possible as parking is limited. **Parking is £4 per car, please pay this at the car park machines near the Visitor centre. YOU WILL NEED TO SCAN THE QR CODE TO GET THE DISCOUNT.** The QR Code is included in this document (see the "useful information" section).

TOILETS
Toilets will be available at the Main Visitor Centre near to the Café.

TRAVEL
On approach to the Main Visitor Centre runners will be directed to take the left-hand fork and head towards the barriers then into the Main Visitor Centre Car Park. Marshals will be in place to direct vehicles through to

the car park, please follow their instructions. There will be a large number of vehicles arriving, please leave sufficient time to park your vehicle, to collect your registration pack and to get to the start. From the car park runners will need to make to have head torches at the ready as there is a short walk through the car park and towards the Café to register, please follow the signs to Registration. Please check that your head torch is working as there is limited lighting once away from the Visitor Centre and there is no lighting out on the forest trails.

REFRESHMENTS ON SITE

Delamere Forest Visitor Centre Café serve a selection of refreshments and will be open **until 7pm** on the evening of the event.

TIMETABLE & EVENT SCHEDULE

- 16:15 - Car park opens & Refreshments open
- 16:30 - **Registration open**
- 17:15 - Briefing and warm up Trail Kidz 1km (under the Start/Finish Arch)
- 17:20 - **Start of Trail Kidz 1km Run**
- 17:50 - Compulsory Event Briefing for Trail 13 Night Runner competitors (at the Start/Finish Area)
- 18:00 - **Start of Night Runner Trail 13**
- 18:45 - Registration closes
- 18:50 - Compulsory Event Briefing for Trail 10 Night Runner competitors (at the Start/Finish Area)
- 19:00 - **Start of Night Runner Trail 10**
- 19:00 - **Cafe closes**
- 19:45 - Trail 13 Lap 1 cut off (1 hour 45 minutes from the start)
- 20:30 - **Prize Presentation at the Start/Finish Arch**
- 21:00 - Trail 13 cut off up before Old Pale
- 21:30 - **Race cut off Trail 13 (3 hours 30 minutes from the start)**

REGISTRATION

Registration for Petzl Night Runner Delamere Trail 10 & Trail 13 2025 will open at 16:30hrs and closes at 18:45hrs on the Saturday. Registration for Trail Kidz 1k Runners will open at 16:30hrs and close at 17:10hrs.

Registration will be **extremely busy** so please allow extra time to ensure you get through registration stress free. Registration, for all competitors, will take place at Old Pale Car Park (near the start/ finish area). Competitors are to show photo ID and collect your race number with chip attached.

NUMBER AND TIMING CHIP COLLECTION

Collect your race number, pin it to the front of your running top and ensure it is **always visible**. **DO NOT FOLD OR MANIPULATE YOUR RACE NUMBER IN ANY WAY.** Your timing chip will be attached to the back of your race number. You do not need to hand this back at the end of the event.

EVENT T-SHIRTS

If runners have pre-ordered Event T-shirts they will have already been posted out direct from our event partners Scimitar but there is still an opportunity to order one of our Epic Night Runner custom Event T shirts for delivery after the event by **CLICKING HERE** – n.b. T shirts can be ordered up to 10th November 2025.

EVENT BRIEFING

The Event Briefing is compulsory – if any final changes to the route and event are required they will be announced at this briefing, therefore all runners must attend at 17:50hrs for the Trail 13 and 18:50hrs for the Trail 10. **The briefing will take place at the Start/Finish Area.**

START

The Petzl Night Runner Delamere Trail 13 starts at **18:00hrs** and Trail 10 starts at **19:00hrs**. The races will start immediately after the race briefings.

FINISH

Runners will finish under the Finish Arch where you will then be presented with your custom 'Glow in the Dark' medal.

ROUTE

The route will be marked by yellow 'run route' arrows with reflective tape on them.

As runners shine head torches at the signs, the reflective tape will reflect back in a similar way to "cat's eyes". There will be marshals in place at all the major turns on the route. Please respect the forest surroundings and do not drop litter, any runners that are seen littering will be disqualified. The route can be viewed vai the link below, on the event web page and a route map is also included in this document (see the "useful information" section).

The Petzl Night Runner Delamere route is one loop for the 10k and two loops for the half marathon, please see link: https://www.strava.com/routes/3279843675524565158

HALF MARATHON FEED STATION
Half Marathon competitors will pass the Feed Station at the end of Lap 1 (approx. 6 miles). The Feed Station will be stocked with water, orange/blackcurrant cordial, flapjack and jelly babies.

RESULTS
Results are available immediately on crossing the finish line via the Results Page on the Epic website CLICK HERE.

Any queries relating to the results should be e-mailed to info@epicevents.co.uk by the end of Monday following the event, after which time all results will be deemed as final and complete

PRIZE PRESENTATION
Please join us at the Finish Area for the **Prize Presentation at 20:30hrs.** Prizes will be awarded in the Trail 10K event as follows - 1st, 2nd & 3rd male and female runners overall and 1st male/female V40, V50 and V60+ (n.b. age categories must have a minimum of 3 runners to qualify for prizes). Prizes will be awarded in the Trail 13 event as follows - 1st, 2nd & 3rd male and female runners overall and 1st male/ female V40, V50+ (n.b. categories must have a minimum of 3 runners to qualify for prizes. **Please note runners must attend the presentation to collect prizes** as we are unable to post out following the event.

MEDICAL ADVICE
If you have any known medical conditions (such as diabetes, asthma, allergy to penicillin, etc.) please ensure to inform us prior to the race, preferably on the event entry information. Following registration where runners will be issued with race numbers, please write all medical details including any medication taken on the back of the race number along with next of kin & emergency contact details and put a small indelible red cross on the front of your number. This is not just an administrative request, it could be a matter of life and death in an emergency. This information will only be used if required.

Whether you have a medical condition or not, if you feel unwell on race day, then please do not race!

In case of injury or emergency please notify the nearest marshal or ask another competitor to do so, the marshal will notify the Event Medical Team who will be able to assist.

EMERGENCIES
During the race, should you come across another competitor who needs assistance please inform the nearest marshal. There will be medical cover on the course and at the Start/Finish area.

TES

The Endurance Store

Swim – Run – Triathlon
Mossy Lea Road, Wrightington, Wigan, WN6 9SA
www.TheEnduranceStore.com

TRAIL KIDZ
Registration for the free Trail Kidz 1km fun run will open at 16:30hrs and close 17:10hrs. There will be a separate registration table for the Trail Kidz 1km event (n.b. Trail Kidz do not need to pre-register on-line prior to the event). At registration all children will be given a race number and a glowstick.

The Trail Kidz briefing and warm up for all participants will be at 17:15hrs under the Start/Finish arch.
The Trail Kidz start will follow the briefing under the arch at 17:20hrs.

Medals will be presented to all Trail Kidz finishers.

FANCY DRESS
Running in fancy dress is not compulsory, but it is very much encouraged especially Halloween themed!!

FINALLY
Thank you for entering Petzl Night Runner Delamere Trail 10 & 13 2025. We hope you enjoy your night and the course we have prepared for you. We wish you the best of luck!!
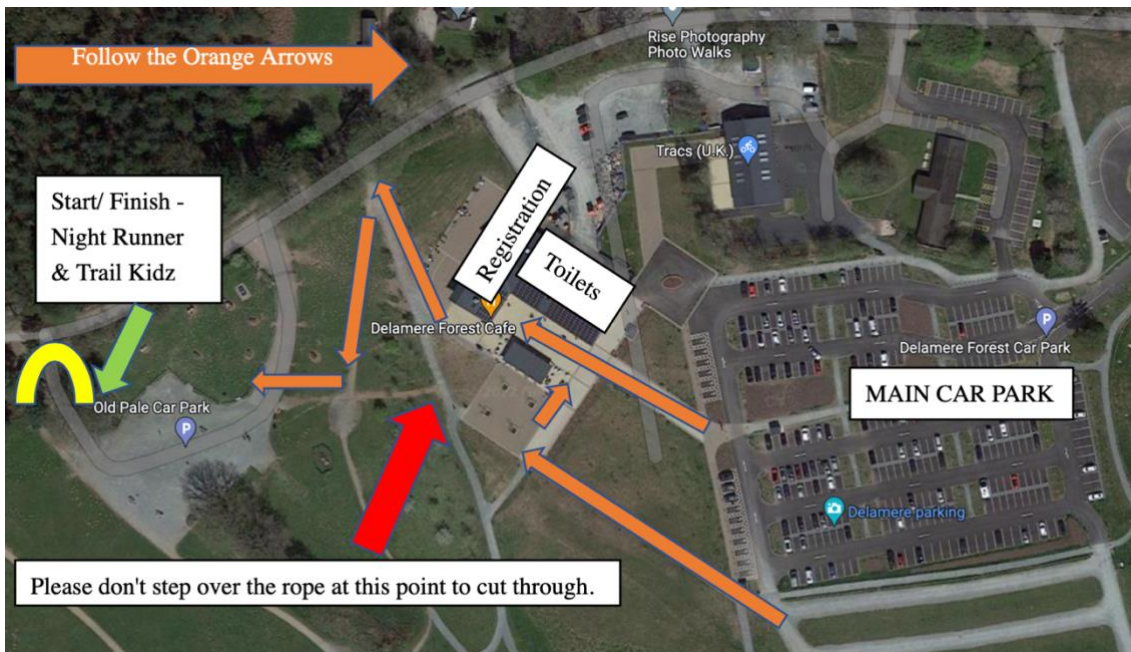
Regards
Epic Events Team
http://www.epicevents.co.uk
info@epicevents.co.uk

CAR PARK & WALK TO THE START

QR CODE FOR £4 PARKING